

KING TIGER ACADEMY

SOM DAN (3RD DEGREE BLACK BELT) PRELIMINARY TEST REQUIREMENTS

Preliminary Test One (1):

1. 3rd Dan Study Guide
 2. Scissor Roundhouse (Front & Side Kick then Roundhouse)
 3. Tae Beak and Pyongwon Poomsaes along with their meanings.
 4. Breaking: Scissor Punching Technique
- ☛ Candidate will receive One (1) White stripe upon completion.

Preliminary Test Two (2):

1. 3rd Dan Black Belt Study Guide
 2. 1 - 5 Jhoong Bang Creative Ho sin sool Techniques
 3. All Black Belt Poomsae along with their meanings.
 4. Jhang Bang Form #3
- ☛ Candidate will receive One (1) Yellow stripe upon completion.

Preliminary Test Three (3):

1. 3rd Dan Black Belt Study Guide
 2. All Low Belt Self-defense (W,Y,G,B,R,D)
 3. All Rolling & Falling Techniques
 4. Breaking: Scissor kick Technique
- ☛ Candidate will receive One (1) Orange stripe upon completion.

Preliminary Test Four (4):

1. 3rd Dan Black Belt Study Guide
 2. Creative Jhang bang Poomsae (Create your own pattern/form)
 3. 3rd Dan Self Defense #1
- ☛ Candidate will receive One (1) Green stripe upon completion.

Preliminary Test Five (5):

1. 3rd Dan Black Belt Study Guide
 2. 1 - 10 Creative Hosinsool (Self-defense) Techniques
 3. Sparring 1-on-1 or 2-on-1
 4. Jhang Bang Form #4
 5. 2 - 3 Page Essay titled "Basics as the foundation of Martial Arts"
- ☛ Candidate will receive One (1) Purple stripe upon completion.

Preliminary Test Six (6):

1. 3rd Dan Black Belt Study Guide
 2. All Black Belt Poomsaes up to your level.
 3. Jhoong Bong Form #1 and #2
- ☛ Candidate will receive One (1) Blue stripe upon completion.

Preliminary Test Seven (7):

1. 3rd Dan Black Belt Study Guide
 2. 3rd Dan Self-Defense #2
 3. All High Belt Self-defense (HW, HY, HG, HB HR)
 4. Breaking: Scissor Roundhouse Technique
- ☛ Candidate will receive One (1) Brown stripe upon completion.

Preliminary Test Eight (8):

1. 3rd Dan Black Belt Study Guide
 2. Scissor Techniques (Punch & Side Kick) & (Front & Side Kick)
 3. Jhang Bang form #5
- ☛ Candidate will receive One (1) Red stripe upon completion.

Preliminary Test Nine (9):

1. 3rd Dan Black Belt Study Guide
 2. All Tae Geuk Poomsaes
 3. 4 Creative Breaks
- ☛ Candidate will receive One (1) White stripe upon completion.

Preliminary Test Ten (10):

1. 3rd Dan Black Belt Study Guide
 2. All Black Belt Self-defense
 3. All Rolling & Falling Techniques
 4. Any 3 weapons Forms
- ☛ Candidate will receive One (1) Yellow stripe on completion.

Preliminary Test Eleven (11):

1. 3rd Dan Black Belt Study Guide
 2. 3rd Dan Self-defense #1 and #2
 3. Creative Musical Forms
- ☛ Candidate will receive One (1) Orange stripe on completion.

Final Exam (Test for 3rd Dan Black Belt):

1. Essay : You pick the topic.
(Must be a least 3 Full pages, typed, double spaced and no larger than size 12 legible fonts.) 2 pages for 12 and under.
 2. Completed Rank Promotion Application and Fees, I.D. Size picture. (Digital Images Please)
 3. Invite your family and friends to witness your exam.
- ☛ Upon completion of All of the above the Candidate will be awarded 4th Dan Black Belt.