

KING TIGER ACADEMY

EE DAN (2ND DEGREE BLACK BELT) PRELIMINARY TEST REQUIREMENTS

Preliminary Test One (1):

1. 2nd Dan Study Guide
 2. Scissor Techniques (Punch & Side Kick)
 3. Geumgang & Tae Beak Poomsaes along with their meanings.
 4. Breaking: Scissor Punching Technique.
 5. Basic Jang Bong Sool (Long Stick Techniques)
- 🕒 Candidate will receive One (1) White stripe upon completion.

Preliminary Test Two (2):

1. 2nd Dan Black Belt Study Guide
 2. 2nd Dan Self Defense #1
 3. Geumgang & Tae Beak Poomsaes along with their meanings.
 4. Kee Cho Hyung (long stick form #1)
- 🕒 Candidate will receive One (1) Yellow stripe upon completion.

Preliminary Test Three (3):

1. 2nd Dan Black Belt Study Guide
 2. All Low Belt Self-defense (W,Y,G,B,R,D)
 3. 1 - 5 Creative Ho sin sool (Self-defense) Techniques
 4. All Rolling & Falling Techniques
 5. Breaking: Scissor Punching Technique
- 🕒 Candidate will receive One (1) Orange stripe upon completion.

Preliminary Test Four (4):

1. 2nd Dan Black Belt Study Guide
 2. Creative Poomsae (Create your own pattern/form)
 3. Sip Ja San (long stick form #2)
 4. Scissor Techniques (Punch & Side Kick) & (Front & Side Kick)
- 🕒 Candidate will receive One (1) Green stripe upon completion.

Preliminary Test Five (5):

1. 2nd Dan Black Belt Study Guide
 2. Sparring 1-on-1 or 2-on-1
 3. 2nd Dan self defense #2
 4. 2 - 3 Pages Essay titled
“Discipline Through The Martial Arts and In Life”
- 🕒 Candidate will receive One (1) Blue stripe upon completion.

Preliminary Test Six (6):

1. 2nd Dan Black Belt Study Guide
 2. 1 - 10 Creative Hosinsool (Self-defense) Techniques
 2. All Black Belt Poomsaes up to your level.
 3. Basic Jang Bong Sool (Long Stick Techniques)
- 🕒 Candidate will receive One (1) Brown stripe upon completion.

Preliminary Test Seven (7):

1. 2nd Dan Black Belt Study Guide
 2. Scissor Kicking Technique (Front & Side Kicks)
 3. All High Belt Self-defense (HW, HY, HG, HB HR)
 4. Breaking: Scissor Punching Technique
- 🕒 Candidate will receive One (1) Red stripe upon completion.

.Final Exam (Test for 3rd Dan Black Belt):

1. Essay Titled: “How Leadership skills From Martial Arts Can Be Applied To My Life”

(Must be a least 3 Full pages, typed, double spaced and no larger than size 12 legible fonts.) 2 pages for 12 and under.
 2. Completed Rank Promotion Application and Fees, I.D. Size picture. (Digital Images Please)
 3. Invite your family and friends to witness your exam.
- 🕒 Upon completion of All of the above the Candidate will be awarded 3rd Dan Black Belt.