

KING TIGER ACADEMY

ILL DAN (1ST DEGREE BLACK BELT) PRELIMINARY TEST REQUIREMENTS

Preliminary Test One (1):

1. 1st Dan Black Belt Study Guide
 2. All Low Belt Self-defense (W,Y,G,B,R) Plus 1st Dan self Defense #1
 3. Flying Turning Side Kick
 4. Koryo & Geumgang Poomsae along with their meanings.
 5. Breaking: Flying Turning Side Kick
- ☯ Candidate will receive One (1) White stripe upon completion.

Preliminary Test Two (2):

1. 1st Dan Black Belt Study Guide
 2. Sparring 1-on-1 or 2-on-1
 3. Joong Bong Sool (Basic Short Stick Techniques)
 4. All Tae Geuk Poomsaes along with their meanings.
- ☯ Candidate will receive One (1) Green stripe upon completion.

Preliminary Test Three (3):

1. 1st Dan Black Belt Study Guide
 2. All High Belt Self-defense (HW, HY, HG, HB, HR) Plus 1st Dan self Defense #2
 3. All Rolling & Falling Techniques
 4. Joong Bong Sool (Short stick Form #1)
- ☯ Candidate will receive One (1) Red stripe upon completion.

Final Exam (Test for 2nd Dan Black Belt):

1. 2-3 Page Essay titled “Respect Through The Martial Arts and Life.”
 2. Completed Rank Promotion Application and Fees, I.D. Size picture
(Digital Images Please)
 3. Invite your family and friends to witness your exam.
- ☯ Upon completion of All of the above the Candidate will be awarded 2nd Dan Black Belt.